

KATA's REGULATION
WORLD KYOKUSHIN BUDOKAI



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ITEM 1: KATA COMPETITION AREA

1. The competition area must be plain and free of obstacles.
2. The competition area has to be bigger enough to perform the complete Kata without interruption.

EXPLANATION:

I. For an appropriate performance of the Kata, it's necessary a plain and stable area. Kumite tatamis are usually suitable for this.

ITEM 2: OFFICIAL UNIFORM

1. Competitors and judges must wear WKB official uniform.
2. Anyone who doesn't comply with this regulation will be disqualified.

EXPLANATION:

I. During the Kata performance, the competitor cannot take off the Karate-gi jacket.

II. Competitors who present themselves incorrectly dressed will have one minute to correct it.

ITEM 3: KATA'S COMPETITION ORGANIZATION

1. Kata's competition can be performed individually or by teams. Teams will be composed by 3 people. The team is exclusively male or female. The individual competition consists in the individual performance in separate categories for men and women.
2. It can be performed any Pinan or Kata from Karate Kyokushin.
3. It is allowed some variations on the Kata according to the competitor's Kyokushin Organization, unless it is a competition only for the WKB members.
4. The competitors have to perform a different Kata on the 3 first rounds. From the fourth round, a Kata can be repeated as many times as the competitor decides, including the final.
5. On the Kata performance by teams, the team will perform the chosen Kata as usual.

ITEM 4: JUDGES' PANEL

1. The panel of five judges for each match will be designated by the Judges' Chief.

EXPLANATION:

I. Judges' Chief will be seated in the center position, in front of the competitors. The other judges will be seated in the corners of the competition area.

II. Every judge will have a white and a red flag.

ITEM 5: EVALUATION CRITERIA

Evaluation

When it's time to evaluate a competitor or a team, the judges will evaluate his/her/their performance according to a four basic criteria, which are: Conformity, technical level, athletic level and technical difficulty.

During the Kata evaluation, each criteria from the 4 basics will have the same importance.

The Bunkai will have the same importance as the Kata.

1. Conformity

Using the movements performed during the Kata

2. Technical level

- a. Positions
- b. Techniques
- c. Transitional movements
- d. Timing
- e. Control
- f. Concentration (Kime)

3. Athletic level

- a. Strength
- b. Speed
- c. Balance
- d. Timing

4. Technical difficulty

Of the performed techniques during the Kata

Disqualification

A competitor or a team can be disqualified for any of the following reasons:

1. Wrong Kata performance or wrong Kata announcement.
2. Unmistakable pause or detention for a few seconds during the Kata performance.
3. Interference with judges functions (such as a judge has to move because of safety reasons, or touching a judge).
4. Fall belt during Kata performance.

5. Bad behavior or not following the instructions of the Judges' Chief.

Faults

According to the above criteria, the following faults have to be taken into account during the evaluation:

- a) A small loss of balance.
- b) To perform a movement incorrectly or incompletely (Greeting is considered as a sign of respect and as a part of the Kata movements), like failing a blockage or performing a punch outside the target.
- c) Unsynchronized movement, like performing a technique before finishing the transition of the body, or in a team case, not performing the movement all the competitors of the team at the same time.
- d) Use of acoustic commands (from any other person, including other team members) or actions such as hitting the ground with the feet, slap on the chest, arms, or Karate-gi, or inadequate breathing.
- e) Loss of time, including extending the walking, too many greetings or long pause before starting to perform the Kata.

EXPLANATION:

I. The Kata is not a dance or a theater performance. It must keep the traditional values and principles. It must be realistic regarding the fight, and show concentration, power and potential impact during the techniques performance. The competitors have to show strength, power and speed, as well as grace, rhythm and balance.

II. In Kata by team, the 3 competitors of the team must start to perform the Kata at the same direction and towards the Chief Judge.

III. Team members must show competence in all aspects of Kata performance, as well as synchronization.

IV. The commands to start and to stop the Kata performance, hitting the ground with the feet, slap on the chest, arms, or Karate-gi, or inadequate breathing are all of them inadequate, and the judges must have them into account for the decision.

ITEM 6: MATCHES OPERATIONS

1. At the beginning of every match and when the competitors are called by their names, both competitors, one with red belt (AKA) and the other one with white belt (SHIRO), will aligned themselves on the perimeter of the competition area, looking at the Judges' Chief. After greeting the Judges' panel, and then greeting to each other, SHIRO will leave the competition area. After heading to the starting point, and announcing clearly the Kata's name that he/she will perform,

AKA will start. Once the Kata performance is done, AKA will leave the competition area and will wait until SHIRO finishes the Kata performance. Once SHIRO Kata performance is done, both competitors will go back to the perimeter of the competition area and will wait for the Judges' Panel decision

2. If the Kata doesn't fit to the regulation, or any other irregularity is committed, the Chief Judge will be able to call the other judges to get a verdict.
3. If a competitor is disqualified, the Chief Judge will cross and uncross the flags.
4. After the competitors have performed their Katas, they will remain next to each other on the perimeter of the competition area. The Chief Judge will ask for decision (HANTEI) and a two tones beep will sound with the whistle. In that moment the judges will give their decision.
5. The decision will be for AKA or SHIRO. Ties are not allowed. The competitor with more number of votes will be declared as winner.
6. The competitors will greet to each other, then to the Judges' panel, and finally they will leave the competition area.

EXPLANATION:

- I. The Kata performance starting point must be inside the perimeter of the competition area.*
 - II. The Chief Judge will ask for decision (HANTEI) and a two tones beep will sound with the whistle. The judges will raise their flags at the same time. After giving enough time to count the votes (about 5 seconds), flags will come down after a new short beep with the whistle.*
- If a competitor or a team don't show up or retired (Kiken) when are called, the victory will be automatically for the opponent, with no need of performing the Kata previously notified. In this case, the competitor or the team will be able to perform a Kata announced in a posterior round.*