



**TOURNAMENT RULES
SENIOR MALE / FEMALE**

**EUROPEAN CUP
KYOKUSHIN BUDOKAI
2017**

COMPETITORS RULES

- Minimum age to participate is 18 years old.
- Each competitor must wear white and clean karate-gi.
- During the fight, one competitor will wear a red band tied to his/her belt (on the back side), and the other one only his/her belt.
- Hands and feet nails have to be cut and cannot wear metallic or similar objects.
- It is not allowed to use protective clothing, bandages or any other protection than the shell (for men's genitals, or girls chest), except those previously placed and approved for the doctor's tournament and always from the second round.

WEIGHT CATEGORIES

SENIOR MALE

LIGHT WEIGHT - 70 KG

MIDDLEWEIGHT - 80 KG

HEAVY WEIGHT - 90 KG

S. HEAVY WEIGHT + 90 KG

SENIOR FEMALE

LIGHT WEIGHT - 55 KG

MIDDLEWEIGHT - 65 KG

HEAVY WEIGHT + 65 KG

FIGHTS DURATION

The duration of the fight will be 3 minutes, if there is no decision then it will be an extension of 2 minutes, after that if there is no decision nor weight difference there will

be another extension of 2 more minutes with final decision.

The duration of the fight will be controlled since the referee sing the beginning of the fight with the word **HAJIME**, and the fight will be only stopped when the central referee indicates it.

DECISION CRITERIA

A competitor will be the winner when he/she get a point (**IPPON**) or also failing it for a half point (**WAZA-ARI**), if the competitor gets two waza-aris, it will be considered as an ippon and the competitor will be declared as winner.

To declare a competitor winner by weight difference, there will have to be a difference higher tan 5Kg, except in Super heavy weight Male and Heavy weight Female, which difference for decision will be higher than 10Kg.

1.- Winner by Ippon

- a. With the exception of prohibited techniques considered as faults, any technique that makes contact and instantly makes knock down the opponent for a longer time than 3 seconds.

- b. When a competitor informs to the central referee that has been defeated as a result of an allowed technique inside the tournament rules, the opponent will get an Ippon.

- c. A serious fault or disqualification of a competitor, gives the victory to his/her opponent.

Waza-Ari is granted in those allowed techniques where contact is made and immediately knocks down the opponent for less than 3 seconds.

The referees' criteria for decision it is as follows and in the following order:

- 1.- Damage caused during the fight with allowed techniques.
- 2.- Effectiveness of the used techniques.
- 3.- Quantity of techniques used during the fight.
- 4.- Fight technique and tactic.
- 5.- Fight spirit during the fight.

NOT ALLOWED ACTS AND TECHNIQUES

The following issues may deserve the immediate disqualification with complete and absolute discretion of the referees of the tournament.

The disqualified competitor may give notice through his/her coach to the supreme referee of the tournament, who after discussing it with the judges and the referee, can reinstate the disqualified competitor or confirm and approve the decision.

The decision of the Supreme referee of the tournament will be final and no claims will be allowed.

- 1.- Any kick on the opponent's head, face or neck with an open hand, punch or other part of the arm, except in exceptional circumstances, will deserve a direct disqualification.
- 2.- Kicks to the genitals.
- 3.- Kicks with the head on the opponent face or neck.
- 4.- Kicks or punches to the joints.
- 5.- Kicks with the knee grabbing the opponent's head, neck or Dogui.
- 6.- Grabbing or holding the opponent.

7.- Kicking the opponent who is brought down, unless it is an attack movement, a kick after a sweep, or a knock down technique (in which case contact is not allowed).

8.- Attack from the floor after been brought down, do not confuse with self-defense when the competitor is on the floor.

9.- Elbow, hand, or leg kicks to the spine of the opponent.

10.- To stop following the orders of the referee during the fight.

11.- Any other technique or act that the referee considers unfair or incorrect.